

Start & Finish (W3W): The ReMind UK Centre Entrance, Royal United Hospital, Combe Park, Bath, BA1 3NG (leave.length.horns)

Distance: 200m

Accessibility: Mostly level pavements with kerbs, walking surfaces vary

Bus: Number 4 bus from city centre

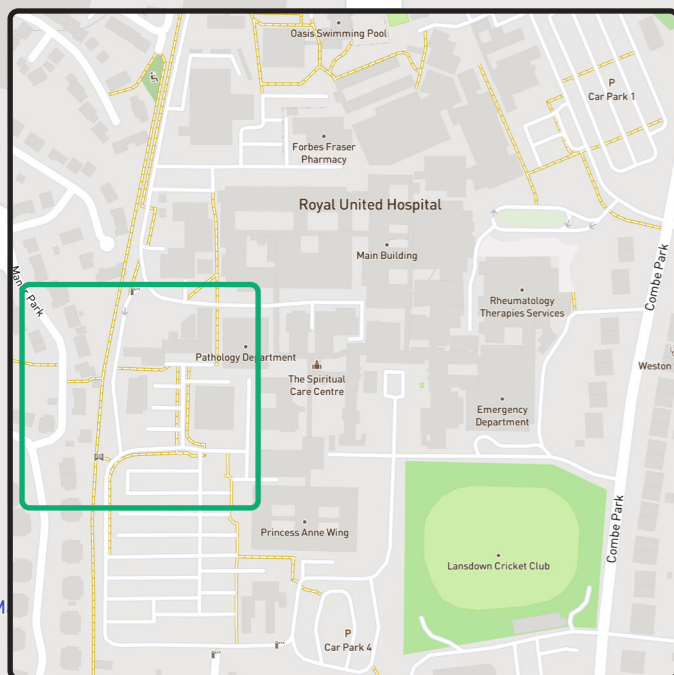
Parking: Public parking at RUH (Gate 1) – pay to park

Public Toilets: Inside hospital buildings

Refreshments: Public café in main hospital lobby, Friends of the RUH café @ B18; Weston village has shops and cafés

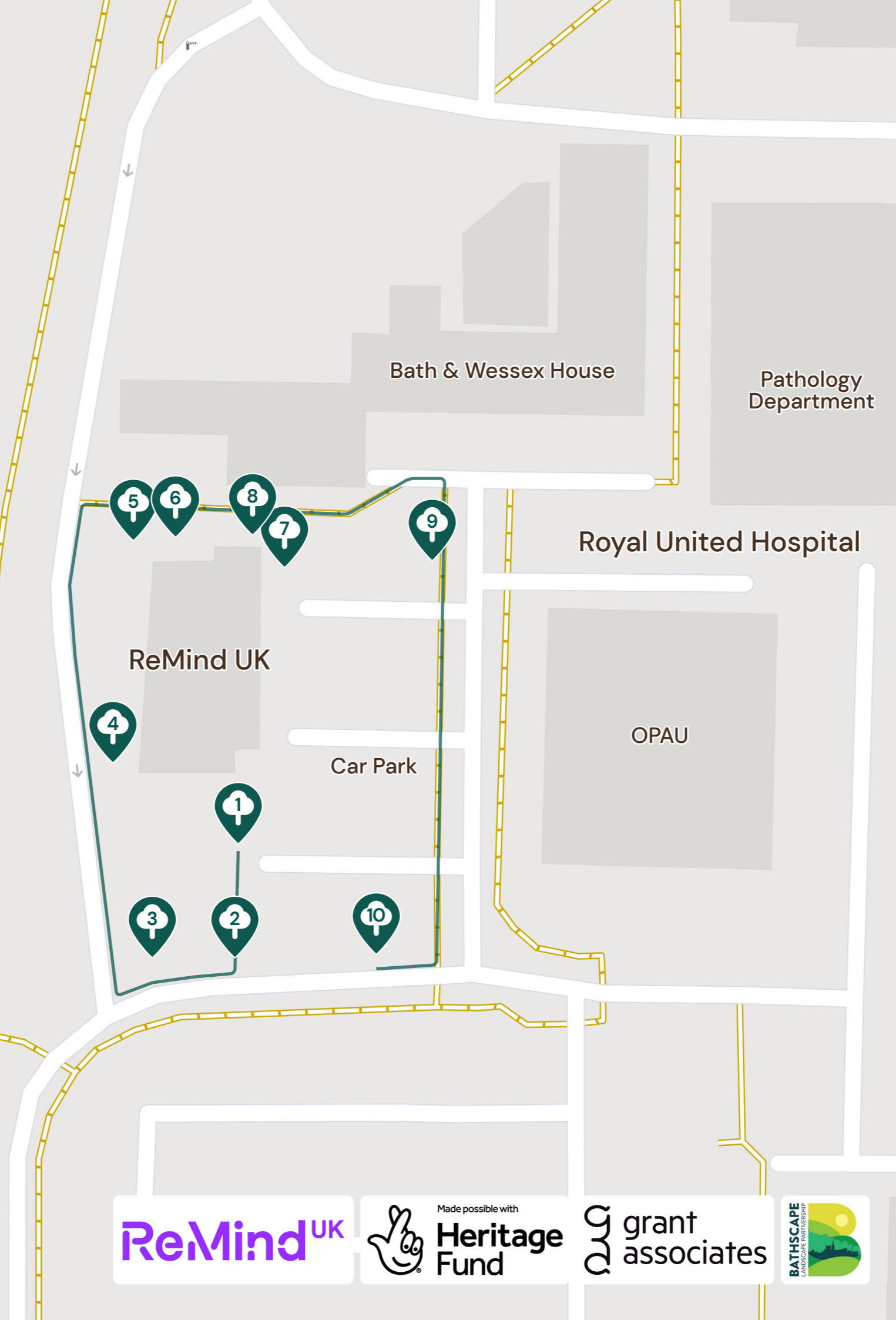
Rest Points: Around the car park

There are sections through the car parks with no pedestrian pathway. Please take extra care here and avoid during morning and afternoon rush hours, when they are very busy.



10m

Map provided by Mapbox & OpenStreetMap



ReMind UK

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Heritage Fund

grant associates



BATH URBAN TREESCAPE

Tree Trail H2: Royal United Hospital ReMind UK Trail

Bath is a UNESCO World Heritage City with six attributes of Outstanding Universal Value, including the green setting of the city. There are many significant trees—in the parks and in the streets—which contribute indirectly to the World Heritage status and the wellbeing of the community.

Here is one of our Urban Treescape trails in digital and map form, where we share a selection of trees in the Royal United Hospital grounds, located around the ReMind UK building. We invite you to follow our trail and enjoy the shapes and colours of each tree—their flowers, fruits, seeds, leaves and bark—and learn something about each one.

A digital map is available at:
bathurbantreescape.com



Tree drawing by Sarah Creeth.

Thank you to all those who have produced this tree trail:
Lucy Bartlett, Fiona Bell, Antonia Johnson, Joseph Lavington, Helen Schofield, Hugh Williamson with support from:

Bathscape Landscape Partnership, ReMind UK staff & beneficiaries, Ailsa Eaglestone, Sheila Mwina, Grace Leigh, James Martin, Bath Royal United Hospital Estate Management, Anthony Green, Bernard Rymer and the Friends of RUH, Grant Associates Landscape Architects.

Map and website designed by Joseph Lavington.

1 GOLDEN RAIN TREE
Koelreuteria paniculata



The bark and wood are very rich in antioxidive polyphenols – these are in the VERY early stages of research for use to prevent atherosclerosis (thinning of arteries) and reduction in blood sugar levels.

3 FALSE ACACIA
Robinia pseudoacacia



The flowers are attractive to bees, and this gives us the often seen Acacia honey.

6 ROWAN
Sorbus aucuparia



Rowan's old Celtic name, 'fid na ndruad', means wizards' tree. The wood was used for stirring milk to prevent it curdling, and as a pocket charm against rheumatism. It was also used to make divining rods.

9 GOAT WILLOW
Salix caprea



Goat willow foliage is eaten by the caterpillars of several moths and butterflies, including the elusive purple emperor butterfly.

2 CUT-LEAVED SUMACH
Rhus typhina 'Dissecta'



A selected form of the common American sumach, this tree also suckers, and colours beautifully in autumn.

4 COMMON LIME
Tilia x europaea



As lime wood does not warp, it is used for the keys and sounding boards of pianos. The pollen is good for honey and the flowers can be used to make refreshing teas and tinctures.

7 HIMALAYAN BIRCH
Betula utilis



Birch bark is used widely for packaging material, roof construction, umbrella covers and bandages. It is an important medicinal plant containing compounds with antiseptic and antibacterial properties.

5 NORDMANN FIR
Abies nordmanniana



The tree's resin has an essential oil, which is pine-scented and long lasting. It can be used in perfumes and bath products.

8 COMMON HAZEL
Corylus avellana



The branches and twigs used to be believed to ward off rheumatism.

10 HORSE CHESTNUT
Aesculus hippocastanum



The origin of this tree's name is uncertain, but could be because its fruit, the 'conkers', used to be ground up and fed to horses to relieve them of coughs.